ACCAD mocap Data: Male 1 Running Contains the following C3D files.

Stand to run Run to stand Run Run to walk Walk to run Stand to run backward Run backward Run backward to stand Run backward, turn around, run forward Run backward, stop, run forward Run, turn left 90 midway, run Run, turn left 45 midway, run Run, turn left 135 midway, run Run, turn right 90 midway, run Run, turn right 45 midway, run Run, turn right 135 midway, run Run, turn around, run Run, turn change direction, run Run to hop to walk Run to jump to walk Run to pick up box and keep running Run with box Put down box to run Quick side step left

Quick side step right

Run to crouch Crouch to run